My Five First Saturdays

Five in a row, in reparation to the Immaculate Heart. Name _____

Each First Saturday

1. **Confession.** Commonly taught: within about eight days before or after. If you are aware of serious sin, go before Communion.
2. **Communion.** Receive Holy Communion on the First Saturday, in a state of grace.
3. **Rosary.** Pray five decades of the Rosary.
4. **Fifteen minutes.** Keep Our Lady company for fifteen minutes, meditating on the mysteries of the Rosary.

Offer all four in reparation to the Immaculate Heart of Mary.

	Date	Confession	Communion	Rosary, 5 decades	15 minutes meditating	Where I went
1	_____	☐	☐	☐	☐	_____
2	_____	☐	☐	☐	☐	_____
3	_____	☐	☐	☐	☐	_____
4	_____	☐	☐	☐	☐	_____
5	_____	☐	☐	☐	☐	_____

Our Lady's promise. As Sister Lucia recorded it at Pontevedra in 1925, Our Lady promised to assist at the hour of death, with the graces necessary for salvation, all who keep five First Saturdays in a row in this way. **Missed one?** The promise asks for five in a row, so begin again at 1.

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	Date	Confession	Communion	Rosary, 5 decades	15 minutes meditating	Where I went
1	_____	☐	☐	☐	☐	_____
2	_____	☐	☐	☐	☐	_____
3	_____	☐	☐	☐	☐	_____
4	_____	☐	☐	☐	☐	_____
5	_____	☐	☐	☐	☐	_____

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3	_____	☐	☐	☐	☐	_____
4	_____	☐	☐	☐	☐	_____
5	_____	☐	☐	☐	☐	_____

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