My Nine First Fridays

Nine in a row, in reparation to the Sacred Heart of Jesus. Name _____

Each First Friday

1. **Confession.** Commonly taught: within about eight days before or after. If you are aware of serious sin, go before Communion.
2. **Mass and Communion.** Go to Mass on the First Friday and receive Holy Communion in a state of grace.
3. **Offered in reparation.** Offer that Communion in reparation to the Sacred Heart of Jesus for the sins that wound it.

	Date	Confession	Mass and Communion	Offered in reparation	Where I went
1	_____	☐	☐	☐	_____
2	_____	☐	☐	☐	_____
3	_____	☐	☐	☐	_____
4	_____	☐	☐	☐	_____
5	_____	☐	☐	☐	_____
6	_____	☐	☐	☐	_____
7	_____	☐	☐	☐	_____
8	_____	☐	☐	☐	_____
9	_____	☐	☐	☐	_____

The Great Promise. Our Lord promised St. Margaret Mary Alacoque that those who receive Communion on nine First Fridays in a row will have the grace of final repentance and will not die without the sacraments. **Missed one?** The promise asks for nine in a row, so begin again at 1.

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Nine in a row, in reparation to the Sacred Heart of Jesus. Name _____

Each First Friday: confession (commonly within about eight days before or after, and before Communion if aware of serious sin), Mass and Holy Communion in a state of grace, and that Communion offered in reparation to the Sacred Heart.

	Date	Confession	Mass and Communion	Offered in reparation	Where I went
1	_____	☐	☐	☐	_____
2	_____	☐	☐	☐	_____
3	_____	☐	☐	☐	_____
4	_____	☐	☐	☐	_____
5	_____	☐	☐	☐	_____
6	_____	☐	☐	☐	_____
7	_____	☐	☐	☐	_____
8	_____	☐	☐	☐	_____
9	_____	☐	☐	☐	_____

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1	_____	☐	☐	☐	_____
2	_____	☐	☐	☐	_____
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4	_____	☐	☐	☐	_____
5	_____	☐	☐	☐	_____
6	_____	☐	☐	☐	_____
7	_____	☐	☐	☐	_____
8	_____	☐	☐	☐	_____
9	_____	☐	☐	☐	_____

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